

The WHPS Weekly

Friday 31st January 2025



MEET THE WHPS FAMILIES

Dear WHPS Community,

We need your help!

At WHPS we are always looking for new ways to share what we are doing and encourage new families to join our school community. We are looking for families to come in and speak about the school and answer any questions from prospective parents.



This year we have been hosting weekly tours for prospective parents, and we are thrilled by the turnout and positive feedback! These tours have provided an excellent opportunity for families considering WHPS to experience our vibrant school environment first-hand. In the autumn term, we also held after school sessions where prospective families could 'Meet the Families' and ask questions about our school community. These interactions proved to be invaluable for both current and prospective families, fostering connections and sharing insights.

Introducing a New Combined Event

This summer term, we'd like to enhance our offerings by combining both initiatives into a single, engaging event. We are excited to announce a new format that allows for a seamless experience for prospective families:

Event Schedule

9:05 AM: Families arrive.

9:10 AM: Q&A session with current and prospective families.

9:30 AM: Tour for new parents

This event will allow prospective families to engage directly with our current families, ask questions, and we would love for our current families to volunteer and help promote our school during this event. Your contributions will help prospective families feel welcome and informed about our wonderful community. If you would like to share your experiences and be part of this initiative, please nominate yourself by completing this form! <https://forms.gle/huPr8uj1gUDuvstH7>

Have a fantastic weekend! Sam Drake, Head teacher

EVENTS NEXT WEEK

MONDAY:

OAE Workshop for KS1

Lily Class to Hampstead Heath AM

Danube Class Swimming

TUESDAY:

Avon Class to Hampstead Heath AM

WEDNESDAY:

Yr6 Team Maths Team Challenge

Thames Class Swimming **PM**

THURSDAY:

Camden Music Royal Albert Hall rehearsal **PM**

Yr3 Local Area Walk **PM**

FRIDAY:

NSPCC Number Day

2:45-3:15 Golden Time

Celebrating the Joy of Reading Together!

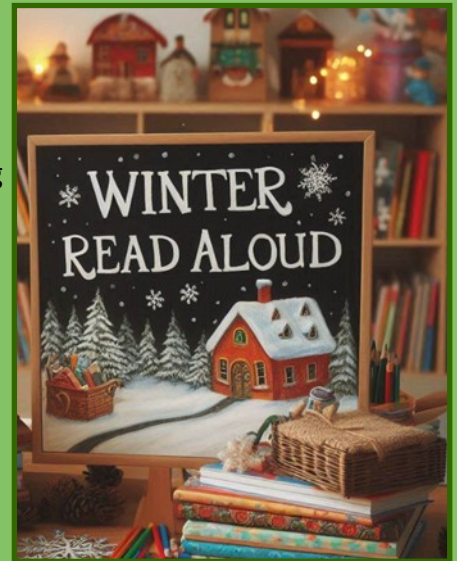
A few weeks ago, we hosted our much-anticipated Winter Read Aloud Event, and what an unforgettable event it turned out to be! The evening was filled with warmth, joy, and the magic of storytelling as families came together to celebrate the love of reading in the cosiest of ways.

Parents and children gathered in our beautifully decorated classrooms, which had been transformed into a warm and cosy wonderland. Twinkling lights, decorations, and a crackling virtual fireplace set the scene for a perfect afternoon. The highlight of the night was undoubtedly the storytelling session, led by our talented class teachers. With captivating expressions and an engaging voice, the teachers brought charming stories to life, sparking imaginations and drawing both children and adults into the magical tale.

Before the story, the fun began with a variety of winter-themed activities for families to enjoy together. From answering movie questions and designing bookmarks to solving word searches and puzzles inspired by the stories, there was something for everyone. The room buzzed with creativity, laughter, and the joy of reading and learning together.

No winter evening would be complete without a warm treat, and we made sure to deliver! Families enjoyed steaming cups of rich hot chocolate topped with marshmallows. Watching parents and children sip their drinks, share smiles, and talk about their favourite parts of the story reminded us of the power of community and the joy of shared experiences.

This event wouldn't have been possible without the enthusiastic participation of our wonderful parents and the hard work of our dedicated staff. We're so grateful for the strong partnership between school and families that helps foster a lifelong love of reading in our children at WHPS.





Thank you to everyone who joined us and made this evening so special. We hope the memories made during Winter Read Aloud Event will inspire families to continue sharing stories together at home. Reading truly has the power to connect us all, and we are already looking forward to our next opportunity to celebrate this love of learning!

Here's to more stories, more laughter, and more magical moments to come!



NSPCC

Number Day

CELEBRATING
25 YEARS

IT'S MATHS, BUT NOT AS YOU KNOW IT.



Friday 7 February 2025

#numberday



Number Day is supported by Man Group, Maths Circle and Oxford University Press, led by NSPCC.

EVERY CHILDHOOD IS WORTH FIGHTING FOR

NSPCC 2024 National Society for the Prevention of Cruelty to Children. Registered charity England and Wales 238031, Scotland 10237717 and Jersey 184. 020-2037

On **Friday 7th February**, we'll be celebrating **NSPCC Number Day** and **Dressing up for Digits!**
Time to start thinking about your number related costume.



←
How about decorating a plain t-shirt or wearing your favourite sports top with a number?

Number Day

Dress up for Digits 'Be Inspired'



←
Could you be a human calculator, dice, domino or playing card?



Have fun and Dress up for Digits!

#numberday

It's Free



It's Free

JUNIOR CRICKET COACHING CLUB

Age 7 to 15 Years old Boys and Girls

**Every Sunday
11:00 to 1:00 PM**



**11 to 12 Girls Only
12 to 1 PM Mixed**

**Starting From
2nd February
2025**



Venue
Maria Fidelis Catholic School
1-39 Drummond Crescent
NW1 1LY



**REGISTE
R NOW**

- DBS Certified Coaching staff
- ECB level 2 Qualified Coaches
- Female Coaching staff for Girls

Mobile : 07717765932 , 07464592776
Email: unitedsportingclub@hotmail.com

Travel Info : # Nearest station EUSTON, # Bus 168,253.390.# free parking on the street

Supported by



www.unitedsportingclub.com

Camden libraries are running free fun story telling sessions in local Camden libraries on Saturdays. The aim is to demonstrate to parents and carers how to spend quality time and encourage reading with their children.

As you can see from the poster, the idea is to bring stories to life, making props and tell the stories using the props the children made .

Every family that attends will get a free copy of the book they read , to take home.

These sessions are suitable for children in EYFS and key stage 1

Camden Family Learning
FREE STORY SESSIONS for Children Aged 3 Years Plus



SATURDAY Story Sacks For All The Family

A free fun and creative storytelling and prop making session.

Come along and find out how to bring storytelling to life using our imagination and creativity.

Pick a session and phone Alison to book a family place 07876 651950.

You must book to join in (due to health and safety rules)



Saturday 1st February
Queens Crescent library NW5 4HH
11:15am-1:15pm
Kipper's New Pet

Saturday 15th March
Swiss Cottage Library NW3 3HA
10:30am-12:30pm
Kippers Little Friends



Saturday 29th March
Kentish Town library NW5 2AA
11:15am-1:15pm
Going on a Bear Hunt

A free book for every family that attends

SUPPORTED BY
MAYOR OF LONDON



Camden Schools Art Biennale Half Term workshops

Passing the Baton: From Simple Sticks to Spectacular Ideas

Saturday 15th - Tuesday 18 Feb 2025

for 7–12year olds and their families

Four workshops, one theme: come to one, or all four sessions!

Daily 10am - 4pm in timed slots

Booking link: <https://www.eventbrite.co.uk/e/half-term-workshops-camden-schools-art-biennale-tickets-1216521230749?aff=oddtcreator>

Where: Meet at the Crossing, Central Saint Martins, Granary Square, Kings Cross

Free, booking essential. Children to be accompanied at all times

Information

Simple materials - such as the humble stick - can spark incredible creativity. Inspired by techniques taught at Central Saint Martins, this series of workshops will explore how simple materials, like sticks, can be transformed through imaginative making.

Each session, led by tutors from CSM, offers hands-on experience including: fashion, textiles, drawing and 3D design / architecture and digital media. Along the way, young people will gain a glimpse of what happens at Art School and why it might be an exciting path for their future.



Community Association for West Hampstead

Registered Charity: 1135778 – Ltd Company: 6956009



Free February Half Term Workshops for children

Please get in touch
via email for more
information and to book
your place:
candypeople@cawh.org.uk



Free Workshops

Mon, 17th Feb, 12:30am – 3:30pm
DIY Paper Crafts with Janine
followed by an energizing
Dance Session run by the
Spencer Stage School

Tues, 18th Feb, 12:30am – 3:30pm
Kids Clay Time
A fun clay workshop
with **Barbara**

Thurs, 20th, 12:30am – 3:30pm
Make dream catchers & plant pots
out of recycled materials
with **Tash**

Fri, 21st Feb, 12:30am – 2:30pm
Get creative!
Arts & Crafts with Michelle

**All workshops are aimed
at children aged 6 and over.**



0207 794 3729



www.cawh.org.uk



17 Dornfell St, NW6 1QN

**Brandon
Centre**
Here for Young People

FREE 6-week parent
support group for
residents in Camden
and Islington

ADHD PARENT SUPPORT GROUP



All parents and carers of children aged 5-12 with an ADHD diagnosis are welcome!

Learn more about the diagnosis and gain parenting skills and strategies from the 1-2-3 Magic model to help you manage your child's behaviour

Parents awaiting an assessment can join
from Session 2

For referrals contact: familyservice@brandoncentre.org.uk

CONTACT US FOR MORE
INFORMATION

www.brandoncentre.org.uk
020 7267 4792

Starting on:
24th Feb 2025

10AM to 11.30AM

ADHD parenting leaflet and referral form are attached with this email.



FREE

Playgroup for under 5s & Coffee Afternoon

**at the West Hampstead Community Centre
Monday afternoons, 2pm - 3:30pm
starting Monday, 20th January**

Join our weekly coffee meet up for a relaxing and friendly way to meet mums, dads, grandparents and carers, while babies and toddlers get a chance to play.

0207 794 3729 - www.cawh.org.uk - 17 Dornfell St NW6 1QN
Registered Charity: 1135778 - Ltd Company: 6956009



The Enhanced Healthy Living Service



Families, Food and Feelings Workshop

Scan the link below to sign up:



or email:
brandoncentre.healthyliving@nhs.net

4th of February

10:00 AM - 12:00 noon (online)

Join our free workshop!

Key elements include:

- Strategies to encourage healthy eating at home
- Tips to create helpful boundaries
- Finding ways to promote a positive relationship with food
- Learning about emotional eating

This workshop is for:

Parents with children struggling with excess weight (aged 5-17)

You must be registered with a GP in Camden or Islington

We look forward to meeting you



Our aim is to support families to find a compassionate and sustainable approach to working with their children towards an enjoyable and healthy lifestyle.

Further support for parents is available after the workshop

Brandon Centre
Here for Young People

Beginners Woodwork Skills Course

With

Alan Johnson

* Master Craftsman
with 50 years of
experience

**Mill Lane
Garden Centre**

160 Mill Lane
NW6 1TF

10 workshops
£250 / £125
concession
+ £15 for materials



Saturdays
25 Jan - 5 Apr 2025
9:30am - 12:00pm

For more information email us at info@cawh.org.uk



Circle of Soup

Nutritious cooking on a budget workshops



Fridays 18:00 - 20:30

31st Jan - 7th Mar

**@ West Hampstead Community Centre,
17 Dornfell Street, NW6 1QN**

To sign up email info@cawh.org.uk or call 0207 794 3729

Cooking real food together builds connection and community, and is crucial for physical & mental wellbeing.

Using inexpensive ingredients & simple cooking techniques create nourishing, delicious bowls of food to share.

Build your cooking confidence & flavouring 'know-how' on a budget.



Company Limited by Guarantee: 6956009 Charity No: 1135778 Registered in England & Wales

Camden Mental Health Support Team (MHST) are excited to be offering a **2-part, face-to-face workshop** for parents and carers of primary age children (4-11 years) on:

Dates: Wednesday 5th February and Wednesday 12th February 2024 (12:00-2:00pm)

Location: Regents Park Children's Centre, Augustus St, London NW1 3TJ

The workshop will explore Emotion Coaching, a parenting approach that supports identifying and validating emotions, while also setting boundaries and limits around behaviour.

How will Emotion Coaching help you and your child?

- To better understand and validate your child's emotions
- To respond more helpfully during moments of heightened emotion
- To implement appropriate boundary setting
- To reduce behaviours that you find challenging
- To further improve the parent/child relationship
- To learn from other parents and carers

This is an interactive workshop, which will involve sharing research, learning about Emotion Coaching and practising strategies. We often find that group workshops are a great space to learn from each other so there will be lots of opportunities to talk about ideas and to think through any challenges that might be around.

Please use the QR code or link below to sign up; **this workshop is in two parts so you will need to be able to attend on both dates.**



<https://www.eventbrite.co.uk/e/emotion-coaching-two-part-workshop-for-parents-and-carers-0502-and-1202-tickets-1106402231859?aff=oddtcreator>

Looking forward to seeing you!

Best wishes, Camden MHST



Regent's Park FC, in collaboration with Wildcats, is launching a series of girls only football sessions designed to be inclusive and fun, welcoming players of all abilities.

Key details of the program:

Location: Regent's Park's newest Hybrid Pitches

Session Fee: Just £3 per session, making it accessible to everyone

Focus: Encouraging girls of all skill levels to develop their football abilities in a supportive environment

Ages: Girls 5-11

Our aim is to provide a safe and engaging space for young girls to get active, build confidence, and enjoy the sport of football. We believe this program aligns well with initiatives promoting physical activity and empowerment in young students.

Parents/Guardians can book for their child here: <https://book.Englandfootball.com/Book/33ffd8e6-fef4-4f79-8e20-30ca376d8ab8?venue=regentsparkyouth0>



Vaccination UK

FLU CATCH-UP COMMUNITY CLINICS

Winter season is upon us, and with cold weather keeping us indoors and in close contact, it's easier than ever for the flu to spread. Protect yourself, your loved ones, and your community by getting your flu jab today.

The flu vaccine is your best defense against severe illness, hospitalisation, and missed work or school. Let's work together to keep everyone healthy this winter.

Stay Well:

Avoid the misery of flu this winter.

Protect Others:

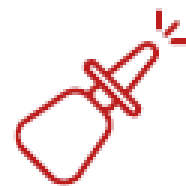
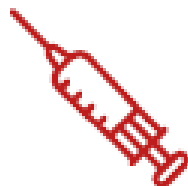
Especially children, the elderly, and those more vulnerable.

Stop the Spread:

Help prevent flu outbreaks in your community.

You can book your child an appointment for their flu vaccination at one of our community clinics.

For our clinic locations and contact details for the Vaccination UK team please follow the links below:



<https://www.schoolvaccination.uk/catch-up-clinics>

Immunisation Provider for
NHS

EVERY FRIDAY
LEAVING AT 7.45AM
MEETING AT
ST. GABRIEL'S CHURCH,
WALM LANE, NW2 4RX



NORTHWEST PEDAL EXPRESS

We are looking for **families & volunteers** interested in joining a bike bus from NW2/Willesden Green/Cricklewood to schools in West Hampstead.

What's a Bike Bus?

It's more than just cycling; it's a joyful gathering of families riding together to school! With our Bike Bus, your children will experience the many benefits of cycling while staying safe in a vibrant group.

FOR MORE INFO JOIN
THE WHATSAPP GROUP
bit.ly/NorthwestPedalExpress



Scan me!

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