

Fair

Share

Dare



Purpose

Our 'Fair Share Dare' unit aims to develop the social skills needed to play cooperatively and take turns, along with the bravery and curiosity that comes with trying new things. These are important aspects of whole child development in PE.

Within this unit, children will have lots of opportunities to work together and develop the key skills needed in order to participate and thrive in PE. These skills will be the fundamental building blocks along their movement journeys.

Steps to Success

Fair
Listen, remember and follow rules.
Help and remind others of how to play fairly.
Resolve disagreements with kind words.

Share
Take turns and enjoy others' successes.
Be kind and try to include everyone.
Recognise and celebrate difference.

Dare
Try new things.
Be confident and keep going.
Take risk whilst playing games.

Development Matters

Fair
'Follow rules & understand why they are important.'
'Remember rules without needing an adult to remind them.'
'Develop their sense of responsibility and membership of a community.'
'Express their feelings & consider the feelings of others.'

Share
'Show confidence in new social settings.'
'Play with one or more children, extending or elaborating play ideas.'
'Find solutions to conflicts and rivalries.'
'Collaborate with others.'

Dare
'Show resilience and perseverance in the face of a new challenge.'
'Show that mistakes are an important part of learning and going back is trial and error not failure.'
'Help children to set own goals and achieve them.'

Win Lose Learn



Purpose

Our 'Win Lose Learn' theme aims to expose children to the different social, emotional and personal feelings that come with competition. Children will learn how to celebrate success, lose with grace and above all, love the process and learn from the journey.

By introducing children to a variety of activities and experiences, we hope to better prepare each child for their future movement journey. As well as equipping children with the fundamental skills needed for dealing with winning and losing.

Steps to Success

Win
Celebrate calmly with your team.
Say 'well done' to your opponents.
Identify what you and your team did well.

Lose
Congratulate your opponents.
Praise your team mates for their efforts.
Be proud of your hard work.

Learn
Identify and reflect on what you and your team could do to improve.
Try new ideas.
Be positive about the next game.

National Curriculum

'Develop simple tactics for attacking and defending.'
'Engage in competitive and co-operative activities.'
'Develop balance, agility and coordination.'
'Compare their performances with previous ones and demonstrate improvement to achieve their personal best.'

Working Together



Purpose

Our 'Working Together' theme is about setting expectations and allowing children the opportunity to develop their social skills. Children will participate in group games and activities in order to learn the important values of team work and fair play.

The unit will build a strong team ethic within the class and allow children the opportunity to feel the different emotions attached to being part of a team. This strong collaborative foundation is needed in order to successfully explore team work, challenge and competition in PE.

Steps to Success

Listen to each other's ideas.

Take turns and play fairly.

Enjoy being creative.

Think of others' feelings when competing.

Offer help to classmates.

National Curriculum

'Enjoy communicating, collaborating and competing with each other.'

'Use running, jumping, throwing and catching in isolation and combination.'

'Play competitive games, modified where appropriate.'

'Develop an understanding of how to improve in different physical activities and sports.'

Including Everyone



Purpose

Our 'Including Everyone' theme is based around the children building strong relationships with one another. Regardless of current sporting, physical or social level, children will learn to understand that all class members have a part to play in PE.

All children will have a different relationship with PE and movement. With this in mind, this unit aims to help children find their 'just right challenge' within a variety of team games, and also recognise and respect their class mates' skillsets.

Steps to Success

Listen to each other's ideas.

Take turns and play fairly .

Enjoy being creative together.

Think of others' feelings when competing.

Offer to help teammates.

National Curriculum

'Enjoy communicating, collaborating and competing with each other.'

'Use running, jumping, throwing and catching in isolation and combination.'

'Play competitive games, modified where appropriate.'

'Develop an understanding of how to improve in different physical activities and sports.'