

# The WHPS Weekly

Friday 13th February 2026



**Dear Parents and Carers,**

As we come to the end of another fun-filled and busy half term, we would like to thank you for your continued support. It has been a fantastic few weeks across the school, full of learning, creativity and achievement, and the children have worked incredibly hard.

This week, our newsletter is dedicated to Number Day, a special event that celebrates maths while raising money for the NSPCC. The day helped promote a love of numbers and problem-solving in a fun and engaging way, and the children thoroughly enjoyed dressing up in their fantastic number-themed outfits.

As part of Number Day, pupils also learned about the importance of Childline and how the funds raised help to keep this vital support service running for children and young people who need it. We are delighted to share that we raised £252 for the NSPCC — thank you to all families for your generosity and support. Your contributions will make a real difference.

We wish all our families a wonderful half term! We hope you enjoy some fun, relaxation — and maybe even some delicious pancake-making along the way!

Looking ahead, we are hopeful for lighter evenings, brighter days and less rain as we move into the next half term. There is lots to be excited about, and we look forward to welcoming everyone back refreshed and ready for another successful term.

Thank you again for your ongoing support — we wish you all a restful and enjoyable break.

Karen Filiz

Assistant Head and Sendco

## EVENTS AFTER HALF TERM

<b>MONDAY:</b>	<b>Seine Class Swimming PM</b>
<b>TUESDAY:</b>	<b>Royal Academy of Music visit Nursery</b>
<b>WEDNESDAY:</b>	<b>Mersey Class Swimming PM</b>
<b>THURSDAY:</b>	<b>Green Dragons Event– Eco Committee</b>
<b>FRIDAY:</b>	<b>Early Years OAE Workshop</b>
	<b>2:45-3:15 Golden Time</b>

# Number Day 2026

We had a fantastic time celebrating Number Day last week. Thank you for all of your efforts dressing as digits for the day and for all the donations made to the NSPCC. We learnt:

- That numbers are used everywhere, everyday (and sometimes we don't even realise)
- That maths is fun
- That the NSPCC is a charity that wants all children to be happy and safe. They provide services, like Childline, to support children who might need help.
- The PANTS rule to help us stay safe and to understand how to be respectful to others.







# NSPCC

# Number Day 2026



## Thank you for your support



We have raised **£ 252.00** and made a big  
difference to children and young people

[#NumberDay](#)



Number Day is supported by Maths Circle and Oxford University Press, led by NSPCC.

**EVERY CHILDHOOD IS WORTH FIGHTING FOR**

©NSPCC 2025. National Society for the Prevention of Cruelty to Children. Registered charity England and Wales 216401, Scotland SC037717 and Jersey 384. Photography by UKC. 20250224.



# Camden Holiday Courses

Come and experience Camden Holiday Courses!

- Primary and Secondary Groups
- Wind, brass, percussion, guitars, strings and voices
- From two terms of learning to advanced players
- The courses lead to a performance at a major Camden Venue

Scan the QR Code to register

 Camden School for Girls, Sandall Road,  
London NW5 2DB



[www.camdenmusic.org](http://www.camdenmusic.org)  
**#WeMakeMusic**



DO YOU WANT  
SUPPORT FINDING  
A JOB?

DO YOU NEED  
TO DEVELOP  
YOUR SELF-  
CONFIDENCE?

## FREE MENTORING FOR MIGRANT AND ETHNIC MINORITY WOMEN

Laamiga provides free 1-1 mentoring and group support to help you achieve your dream.

We help migrant and ethnic minority women to take a more active role in supporting themselves and their families.

Laamiga is a voluntary organisation run by women for women. We can help you to make the most of your skills and abilities.

For more information,  
contact Dr Ali: [info@laamiga.org](mailto:info@laamiga.org)  
Phone: 0208 257 7317  
[www.laamiga.org](http://www.laamiga.org)  
Charity Number: 1145538



# Community Association for West Hampstead



## February Half Term 2026

**FREE**

## Workshops for Children aged 6+

Please get in touch  
via email for more  
information and  
to book your free place:  
[candypeople@cawh.org.uk](mailto:candypeople@cawh.org.uk)

## Workshop Schedule

**Mon 16th Feb, 1 - 4:30pm**

### **Textile Workshop with Tash**

Be inspired by Picasso and Matisse to design your own masterpieces of faces or landscapes using using felt and yarn.

**Tues 17th Feb, 1 - 4:30pm**

### **Pancake Day Workshop with Roshi**

Create a paper pancake-flipping frying pan and design your own dream pancake café or menu.

**Thurs 19<sup>th</sup> Feb, 1 - 4:30pm**

### **Clay Workshop with Barbara**

Get your hands dirty and your imagination soaring with our popular clay workshop.

**Fri 20<sup>th</sup> Feb, 1 - 3:30pm**

### **Weaving Workshop with Janine and Capoeira with Lilah**

Creative paper weaving arts project followed by an energetic Capoeira session.

0207 794 3729 - [www.cawh.org.uk](http://www.cawh.org.uk) - 17 Dornfell St NW6 1QN

Registered Charity: 1135778 - Ltd Company: 6956009



Camden Family Learning  
FREE Story Sacks for Children Aged 3 Years Plus



**Half Term  
Story Telling Sessions On**

**Tuesday 17<sup>th</sup> February**

Pancras Square Library, N1C 4AG

10:30am-12noon

Queens Crescent Library, NW5 4HH

1:30pm-3:00pm

**Wednesday 18<sup>th</sup> February**

Kentish Town Library, NW5 2AA

10:30am-12noon

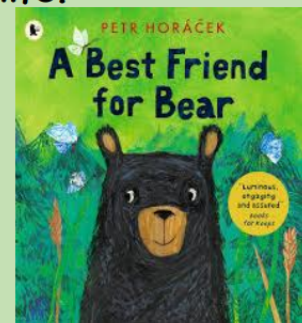
Highgate Library, N19 5DH

1:30pm-3:00pm

Call Alison on 07876 651950 to book your place  
You must book to join in (due to health & safety rules)

A fun arts and crafts resource making session to bring the story to life.

Make a prop to join in with the adventure.



Every family will be gifted with a copy of the book



## Imagination Library comes to Camden

Imagination Library has come to Camden! This initiative, created by the Dollywood Foundation, provides free books to every child in Camden under the age of five. Once registered, children receive a new book each month until their fifth birthday, helping to nurture a lifelong love of reading from an early age.

To mark the launch, a family storytelling event will take place at Swiss Cottage Library on Thursday 19 February, 11am – 12pm, as part of the National Year of Reading.

[Find out more about the Imagination Library and how to register your child](https://www.camden.gov.uk/imagination-library)

<https://www.camden.gov.uk/imagination-library>



THE COMMUNITY ASSOCIATION FOR WEST HAMPSTEAD

Bringing the local community together

# CAMDEN COMMUNITY CONNECTEDNESS

FREE PROJECTS FOR ALL

Sponsored by Camden Council



## COMMUNITY LUNCH

Mon 12pm - 2pm, Tue & Fri 1pm - 3pm

Share a delicious soup and friendly conversation. No booking required.

## WELLBEING OPEN DAY

Sat 7 Feb 2pm - 5pm

Enjoy a special day with FREE yoga, pilates, mindful movement & seated exercise taster sessions, and health talks on wellbeing. No booking required.

## LET'S COOK & EAT TOGETHER

Fri 20 Feb 5pm - 8pm

Come along to prepare and share a wholesome meal together! Booking essential - details below.



**West Hampstead Community Centre**

17 Dornfell Street, NW6 1QN

**FREE**



**Scan to book**

or visit [cawh.org.uk/page/activities-for-adults](https://cawh.org.uk/page/activities-for-adults)

[info@cawh.org.uk](mailto:info@cawh.org.uk)

0207 794 3729



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THE COMMUNITY ASSOCIATION FOR WEST HAMPSTEAD

Bringing the local community together

# WILD WEST HAMPSTEAD

TALK BY NOEL BROCK

**Wild West Hampstead by Noel Brock of Froggnal Gardens.**

Talk on the building and maintenance of good wildlife ponds and other aspects of wildlife gardening. Animals and plants found around Dornfell Street.



**Friday 27th February**

Start time: 19:30 - doors open: 19:00



**West Hampstead Community Centre,  
17 Dornfell Street, NW6 1QN**

**£6 per person**



**Scan to book**

or visit

[Wild West Hampstead - Talk by Noel Brock 27th Feb 2026](#)

[info@cawh.org.uk](mailto:info@cawh.org.uk) 0207 167 2896

## GET IN TOUCH

PACE FORTUNE GREEN - 020 7183 5120  
[WWW.PACEFORALL.COM/OUR-LOCATIONS/FORTUNE-GREEN/HOLIDAYS-FORTUNE-GREEN/](http://WWW.PACEFORALL.COM/OUR-LOCATIONS/FORTUNE-GREEN/HOLIDAYS-FORTUNE-GREEN/)

ADDRESS: FORTUNE GREEN PLAY CENTRE, LONDON NW6 1DR

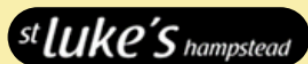
ST LUKE'S HAMPSTEAD  
 EMAIL: [ADMIN@STLUKESHAMPSTEAD.ORG](mailto:ADMIN@STLUKESHAMPSTEAD.ORG)  
 PHONE: 020 7431 6317

ADDRESS: KIDDERPORE AVENUE, HAMPSTEAD, LONDON, NW3 7SU  
 JW3

PHONE: 020 7433 8988  
 EMAIL: [ANAELLE@JW3.ORG.UK](mailto:ANAELLE@JW3.ORG.UK)  
 ADDRESS: 341-351 FINCHLEY ROAD, LONDON, NW3 6ET

COMMUNITY ASSOCIATION FOR WEST HAMPSTEAD (CAWH)  
 EMAIL: [INFO@CAWH.ORG.UK](mailto:INFO@CAWH.ORG.UK)  
 PHONE: 07561 698704  
 ADDRESS: [CAWH, 17 DORNFELL ST LONDON, NW6 1QN](http://CAWH.17DORNFELLSTLONDON.NW61QN)

SIDINGS COMMUNITY CENTRE  
 EMAIL: [OFFICE@SIDINGS.ORG.UK](mailto:OFFICE@SIDINGS.ORG.UK)  
 PHONE: 020-7625-6260 OR 07483378339  
 ADDRESS: 150 BRASSEY ROAD, (OFF MAYGROVE ROAD) NW6 2BA  
 WESTCROFT TRA  
 EMAIL: [HEINI.KING@YAHOO.COM](mailto:HEINI.KING@YAHOO.COM)  
 ADDRESS: KENT HALL, WESTCROFT WAY, LONDON NW2 2RL



## FORTUNE GREEN & WEST HAMPSTEAD CONNECTS

A programme of Spring Well-Being Activities offered by local community partners  
 Funded through Camden's Community Connectedness fund

### FOOD & FRIENDSHIP

- Weekday Free community lunches & warm spaces
- Monthly Afternoon Tea at St Luke's
- Community Iftar at JW3
- "Love your neighbour" - St Valentines special Afternoon Tea community celebration



### HEALTH & WELLBEING

- Well-being Open day - a special day with free taster sessions, activities & talk on Wellbeing at CAWH
- Women's Wellbeing Open Day - Camden Health Bus, art & therapy workshops, free lunch and hygiene packs at Sidings CC



### CREATIVE & SKILLS

- Let's Cook and Eat Together at CAWH
- "Sew, Make and Mend" Workshops at Sidings CC
- Westcrot TRA and Patina People - storytelling through theatre, art and textiles



### CHILDREN & FAMILIES

- Playscheme for 5-11yrs during Half-Term & Drop In Play for 0-5yrs term-time Fridays at PACE in Fortune Green
- Sidings Community Centre - Outings and Drop-in sessions for children aged 2-4yrs, 5-12yrs & 11-16's



LOOK INSIDE FOR MORE INFORMATION ABOUT DATES AND LOCATIONS

### FOOD & FRIENDSHIP

WEEKDAY FREE COMMUNITY LUNCHES & WARM SPACES  
 Free vegetarian soup, homemade bread - free Wi Fi and Warm Space - All welcome

Dates & Times: Mon 12-2 pm, Tues & Fri 1pm to 3pm at Community Association for West Hampstead

Wed & Thru 12pm to 2pm AT SIDINGS COMMUNITY CENTRE

"LOVE YOUR NEIGHBOUR" - A VALENTINES SPECIAL AFTERNOON TEA COMMUNITY CELEBRATION

A fun afternoon of music, ballet performance, yummy food, and art workshops - ALL WELCOME

Sat 14th Feb 2.30pm - 4.30pm - all welcome at Sidings Community Centre

MONTHLY AFTERNOON TEA AT ST LUKE'S CHURCH - Evergreens (50+ group) meets the fourth Wednesday of each month from 3pm-4.30pm for a tea party, a short service, and an interesting talk or activity.

Dates: 25th Feb, 18th Mar, 29th Apr, 27th May, 24th Jun

COMMUNITY IFTAR AT JW3 -

Date: Thurs 26th Feb

For more information please contact - [anaelle@jw3.org.uk](mailto:anaelle@jw3.org.uk)

### CREATIVE & SKILLS

LET'S COOK AND EAT TOGETHER AT CAWH - Come along to prepare and share a wholesome meal together! ALL ARE WELCOME!!

Dates and time: Friday 20th Feb 5pm to 8pm

"SEW, MAKE AND MEND" WORKSHOPS AT SIDINGS - Friendly sewing workshops with a focus on recycling, redesign and re-use of pre-loved clothing with an experienced tutor - Sophie  
 Dates and time: Tues 10th, 17th and 24th March 10am - 12.30pm

WESTCROFT TRA AND PATINA PEOPLE - STORIES FROM WITHIN free to access programme for older adults to explore storytelling through theatre, art and textiles. The programme will be facilitated by Patina People older adults' theatre company and artist Heini King.  
 Dates to be confirmed - for more info please contact [Heini.king@yahoo.com](mailto:Heini.king@yahoo.com)

### HEALTH & WELLBEING

WELLBEING OPEN DAY AT CAWH  
 Saturday 7th Feb 2pm to 5pm - All Welcome  
 Enjoy a special day with free taster sessions, activities & talk on Wellbeing Program of the day:

Talks:  
 2:00-3:00 Looking after you mobility (Walfinch Home Care)  
 3:00-4:00 Looking after your body (OsteoRise)  
 4:00-5:00 General wellbeing (Kim's chemist)  
 Taster sessions:  
 2:15 to 2:45 Pilates with Miranda  
 3:00 to 3:30 Seated exercise with Daniela  
 3:45 to 4:15 Yoga with Daniela  
 4:30 to 5:00 Mindful movement with Jane

WOMEN'S WELLBEING DAY AT SIDINGS COMMUNITY CENTRE

Women's Wellbeing Open Day  
 10am - 3pm Tuesday 24th March  
 A day for women of all ages to come and explore a range of well-being activities - including Camden's Health Bus, art and other therapy workshops, hygiene packs given on the day - plus free healthy lunch and light refreshments.

### CHILDREN & FAMILIES

February Half-Term activities:  
 PACE - FORTUNE GREEN  
 Half-Term playscheme for children aged 5- 11 years PACE in Fortune Green, Mon to Fri 16th - 20th February.  
 Drop In play for 0-5yrs, Fri during Term Time, 10am-12.30pm  
 Venue: Fortune Green Play Centre, London NW6 1DR  
 FOR MORE INFORMATION: Call 020 7183 5120 or [www.paceforall.com](http://www.paceforall.com)

SIDINGS COMMUNITY CENTRE

- Youth Club outings and on-site activities (11-16's) Mon 16<sup>th</sup>, Tues 17<sup>th</sup> & Weds 18<sup>th</sup> Feb Contact [youth@sidings.org.uk](mailto:youth@sidings.org.uk)
- Arts, Music, Movement & Play Drop-in Session for parents & children aged 2 - 4 yr olds Tues 17<sup>th</sup> Feb 10am - 12 pm Contact [early.years@sidings.org.uk](mailto:early.years@sidings.org.uk)
- Sports & Arts Workshop for children aged 5 - 10 years Weds 18<sup>th</sup> Feb (plus healthy lunch) 10am - 12pm - Contact [office@sidings.org.uk](mailto:office@sidings.org.uk)



# EMOTION COACHING

This is a two-part workshop; both sessions need to be attended

The workshop is interactive, a mixture of discussion, reflection & presentation

The workshop aims to support parent/carers to understand and validate their child's emotions, respond more helpfully during moments of heightened emotions, and implement appropriate boundary setting



Sign up with the QR code below:



Tuesday 24th Feb & 3rd March,  
12.00 to 2.00pm,  
Harmood Children's Centre,  
Forge Pl, Ferdinand St, NW1 8DQ



# CAMDEN

## Parent Carer Forum

### **'Walk & Talk'**

**Monday 9<sup>th</sup> March 2026 - 10:15 AM - 12:30 PM**



- Are you a Camden Parent or Carer of a child or young person (0-25) with additional needs?
  - Do you enjoy walking and being out & about in nature?
- Would you like to fill up your own cup and make friends with some other parents and carers at the same time?

**If so, join us for our popular 'Walk & Talk' sessions, led by fellow Camden parent Ali**

This is a chance to speak to other parents and carers who may be experiencing similar life experiences and talk and learn from each other during a relaxed walk from Hampstead Heath to Kenwood House and back (with a stop along the way for a well-deserved hot drink and sweet treat)

PS If you prefer to walk and listen that's ok too! No one ever regretted a nature walk so why not come along!

Meeting Place: **Hampstead Heath** (meet by the water fountain/cafe/toilets on Hampstead Heath by the Parliament Hill side of the Heath near the tennis courts (bus access from C2 or 214 or C11 get off at Parliament Hill/ Swains Lane bus stop).

Please let Ali know if you're coming (text or a call) - 07788 521693 or you can email [camdenpcf@kids.org.uk](mailto:camdenpcf@kids.org.uk)

Wear appropriate clothing as we walk rain or shine, and please be on time (If you need to cancel, just let us know so we don't wait for you 😊)

## Movement, Relaxation & Lunch



**Would you like to join a group of parents and carers, led by an instructor in gentle movement and relaxation sessions followed by a lovely, freshly prepared group lunch?**

If so, please join us on:

When?

Tuesday 27<sup>th</sup> January 26

Tuesday 17<sup>th</sup> March 26

Tuesday 10<sup>th</sup> February 26

Tuesday 2<sup>8th</sup> April 26

Time?

12-2pm

**Where:**

Kentish Town Congregational Church, Kelly Street, Kentish Town NW1 8PH (The entrance is through the gates and across the garden)

These sessions will focus on gentle movement, stretching, relaxation and well-being, followed by a re-invigorating lunch freshly prepared by our KIDS keyworkers – suitable for all abilities.

**Come along and try it out, this one is for looking after YOU!**

To book a place please text your name to [Aishatu.mohammed@kids.org.uk](mailto:Aishatu.mohammed@kids.org.uk) call or text 07385 003 662/ [Jade.Green@kids.org.uk](mailto:Jade.Green@kids.org.uk) call or text 07711 767 258

<https://www.facebook.com/CamdenSpecialParentsForum>

Limited numbers - booking in advance is required.

***Please bring an exercise mat or something comfortable to use.***

# CAMDEN Parent Carer Forum

## SEND Tribunal Training

Tuesday 3<sup>rd</sup> March 10:30am-12:30pm  
Greenwood Centre, Kentish Town, NW5 1LB



Are you a parent or carer of a child or young person with special educational needs or disabilities (SEND) in Camden?  
SENDIASS will be delivering an informative and supportive training session about SEND tribunals.

### **The session will cover:**

- **What SEND tribunals are**
- **When and how to appeal**
- **What the process involves**
- **Where to get support and advice**

The training is designed to help parent carers feel informed and confident.

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*This training, is for Camden parents and carers of children and young people, ages 0-25 with SEND.*

To register for the link please email:

[Camdenpcf@kids.org.uk](mailto:Camdenpcf@kids.org.uk) /

[Aishatu.Mohammed@kids.org.uk](mailto:Aishatu.Mohammed@kids.org.uk) Or you can call or text

07385 003 662

**Kids** 

# CAMDEN Parent Carer Forum

## Introduction to Child and Adolescent Mental Health Services (CAMHS)



This session offers a helpful introduction to CAMHS for parent and carers. Led by two experienced CAMHS clinicians, Susan Cottam and Adele O'Hanlon, the session will explain what CAMHS is, the types of support available, and how children and young people can be referred. There will be time for questions, giving parents and carers the opportunity to better understand the service and how to navigate support

**When: Monday 23<sup>rd</sup> March, 12.15-1.30pm**

**Where: Hybrid: In Person- at the Greenwood Centre, NW5 1LB**

**Online: Teams Register For Link**

To register for the link please email: [Camdenpcf@kids.org.uk](mailto:Camdenpcf@kids.org.uk) /  
[Aishatu.Mohammed@kids.org.uk](mailto:Aishatu.Mohammed@kids.org.uk) Or you can call or text 07385 003 662

# CAMDEN

## Parent Carer Forum

### Hybrid Forum Meeting

Tuesday 24<sup>th</sup> March 2026 - 10.30am – 12:30pm

This meeting will be held in person at The Greenwood Centre (37 Greenwood Place London NW5 1LB) and online via Teams



**This meeting is for Camden Parents and Carers who have or care for a child or young person (0-25 years old) with additional needs.**

Join us for our regular bi-monthly meeting, where you will hear service updates from:

- **The Camden Parent Carer Forum**
- **Camden's Special Educational Needs (SEND) Service**
- **Children and Young People with Disabilities Service (CYPDS)**
- **MOSAIC Health Service**
- **Learning Disability Community Support Service**

This is a great opportunity to meet other parents and carers and speak to the different teams, learning more about the services that they provide. You will also be able to ask questions directly and feedback your lived experiences to help shape future support.

**Come along to listen, chat, and catch up - we'd love to see you there!**

Everyone is welcome, but please sign up in advance so we can plan the space and share the Teams link if you are joining online.

To book a place please email [CamdenPCF@kids.org.uk](mailto:CamdenPCF@kids.org.uk) / [Aishatu.mohammed@kids.org.uk](mailto:Aishatu.mohammed@kids.org.uk)  
You can also call or text 07385 003 662 / 07711 767 258

CAMDEN   
Parent Carer Forum

## **‘Breakfast Club’**

Wednesday 11<sup>th</sup> March - 10.30-11.30am

Regents Park Children’s Centre and Family Hub  
Augustus Street, NW1 3TJ



Join us for a relaxed morning with a light breakfast, warm drinks, and great company!

It's a chance to connect with other SEND parents and carers, switch off from the realities of day-to-day life and feel supported in a friendly, welcoming space.

If you are new and haven't joined us before, why not make this your first time? We are a friendly bunch, and we'd love to see you there!

To book a place please email: [Camdenpcf@kids.org.uk](mailto:Camdenpcf@kids.org.uk) / [Aishatu.Mohammed@kids.org.uk](mailto:Aishatu.Mohammed@kids.org.uk)  
Or you can call or text 07385 003 662

**Kids** Disabled children  
say we can