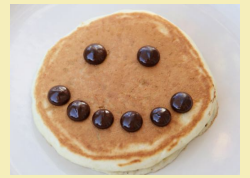


## The almost pancake edition!

Don't forget to get the children to move, walk, jog, run and play games after school or at weekends. Don't allow them to just sit in front of the tv or on computer games!



Monday 25th February 2019

# Fly me to Beckford

A Sports Newsletter for  
Beckford Primary School

## Camden schools sports hall athletics championships



On Thursday 10th January the year 5/6 athletics team took part in the Camden Schools sports hall athletics championships and finished a very respectable 4th out of the 14 schools taking part. The children were a little disappointed to miss out on the top 3 but should be proud of their amazing team performance. They had worked very hard attending some extra practice to get ready and I felt beforehand that if everyone did their best we could finish in the top 5 but might just sneak into 3rd so I was very happy with our result. Some of the highlights for me were as follows:

Milo - an amazing personal best in the standing long jump of 1.92m. His previous best was 1.60!! Along with the Gaspard and Jae'von they were the best team in Camden at this event!

Luke - another fantastic personal best of 5.02m in the triple jump when his previous best was 4.65!!  
Gaspard performed a truly exceptional 5.78m but was pushed back into second place by an out of this world performance by a boy from Gospel oak (5.98).

Farah - a brilliant 7.25m chest push which is her personal best.

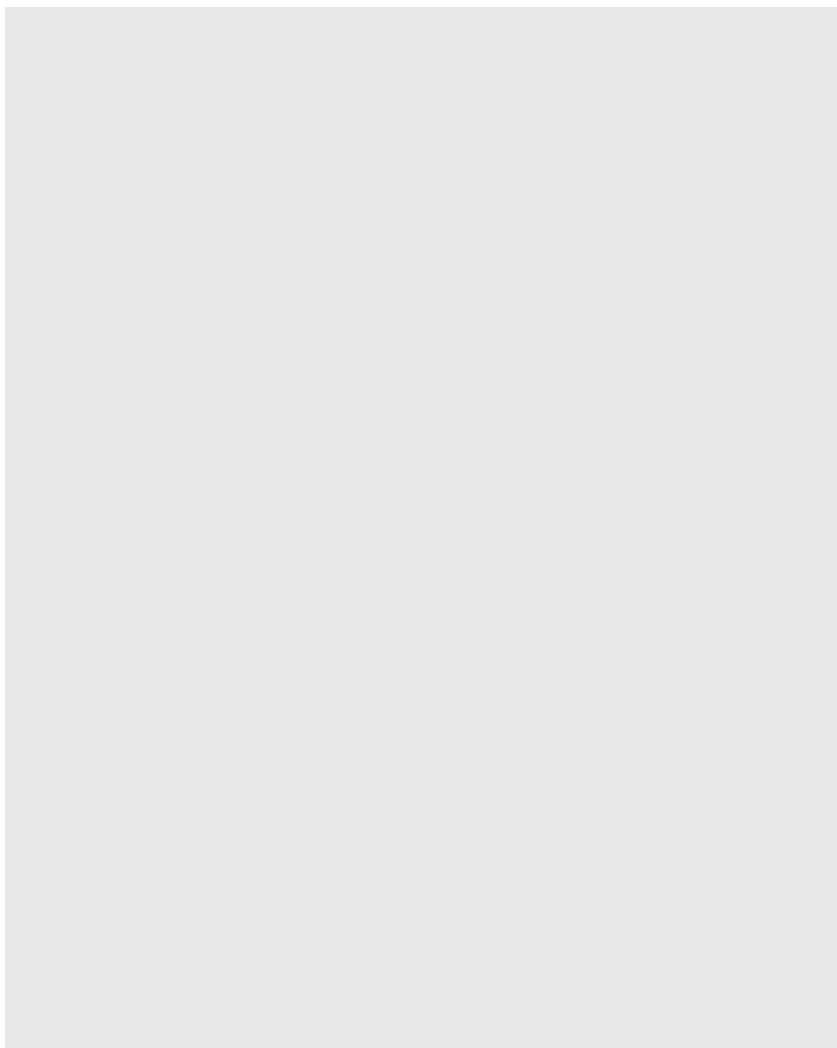
Laci - with a super fast 45 in the speed bounce. She has performed an incredible 48 this year!

Lola - a very springy 1.92m in the standing long jump.

The girls obstacle race team who managed to win the race. Well done to Lola, Farah, Amira and Erza.

# ***Player profiles wanted!!!!***

## ***I play???***



How long have you  
played .....?  
2 years

Who is your favourite  
sportsman/woman?

What's the highlight of  
your time playing so  
far?

What's your favourite  
healthy food?

What's your favourite  
healthy drink?

***If you play sport and train at a club outside of school please send a picture to the office for the attention of Mr Purcell with a brief description of your participation and answer the questions above. I can't guarantee that I'll be able to include you all but I'll try!!***



# Camden sport for all year 5 dodgeball



SCHOOL  
GAMES



Dodgeball continues to be popular at Beckford and on the Wednesday 30th January it was the turn of year 5 to have a go. The children were very enthusiastic and had great fun dodging and throwing in this quick fire sport. Well done all.



# Chance to shine Middlesex cricket coaching

We have been fortunate to have the chance to shine cricket programme delivered by Middlesex County Cricket again this year for our year 2 & 3 pupils. Sam Pimm has been working on some fundamentals of the game during lessons on Wednesday's for the past 6 weeks. He's also been working with our year 5&6 girls cricket team during lunchtime so that their ready for the Camden tournament in the summer. Thanks to Sam, chance to shine and Middlesex for such wonderful support.



**Chance to shine**  
BRINGING CRICKET TO STATE SCHOOLS

# ***Year 5/6 Arsenal girls football tournament***

## ***Beckford 2nd!!!!***

A wonderful team performance by the Beckford girls who only lost one game (the final) throughout the day long tournament. This was the second year we have finished runners up and unfortunately came up against a very strong Cannonbury team in the final losing 4-0. I was told that the girls were excellent all day and worked tirelessly to make the final whilst demonstrating real positive teamwork and attitude. Well done to all the girls for such a fantastic repeat performance this year. Yasmin (goalkeeper) will be available again next year but who else from year 4/5 will join her in the team??? Get those footballs out and practice girls.





# Camden Schools badminton festival



On Wednesday 23rd January Beckford took part in the inaugural Camden Schools badminton festival at Talacre sports centre. The children got a chance to learn some skills before playing lots of friendly games against children from various schools. I even got a chance to play Faris who wouldn't allow me to win! Be nice Faris, teacher always wins!!!!

**SCHOOL  
GAMES**





# Camden inclusive athletics



On Tuesday 15th January our 'Change for life' sports club attended Camden inclusive athletics event at Talacre Sports centre. The children had a great day in a friendly environment where they had a chance to have a go at various athletics events. Roberto and Isabel stood out on this occasion for their extra efforts in completing all the tasks quickly. The 'change for life' club takes place every Tuesday lunchtime from 12.30-1pm for a select group of pupils from years 4-6. The aim is to give the children an extra opportunity to be active and get fit in a very inclusive and supportive environment.



**SCHOOL  
GAMES**





# CSSA year 3 dodgeball



On Wednesday 16th January we took part in the year 3 Camden Schools Sports Association dodgeball competition at Talacre sports centre. The journey is usually straightforward but not only did it rain, it poured! and then we had to take an alternative route as the overground wasn't working!! The children were excellent and despite a walk from Kentish Town Thames link in the monsoon type conditions, they were very upbeat and had a great time in their first competition representing Beckford. The children were all mixed into various teams with children from other schools and played 7 fast paced games. Very proud of you all, well done.







## Camden inclusive gymnastics



On Tuesday 12th February 5 pupils attended the inclusive gymnastics event at Talacre sports centre. They all completed a mini sequence of moves and then had some free time to use the apparatus and foam pit!!! Abdulbarri was a bit of a star on the very large balance beam. It was brilliant to see so many happy smiling children and hear about a great morning of gymnastics. Well done everyone.



# Camden sport for all year 3/4 athletics

On Wednesday 6th February some pupils from year 3/4 had a chance to have a go at sports hall athletics for the very first time. They got a chance to do lots of running, obstacle courses and various jumps throughout the event. I was very impressed with how hard they all worked and was particularly amazed by how quick Arianna moves her feet on the speed bounce scoring 45 in 20 seconds!!!!

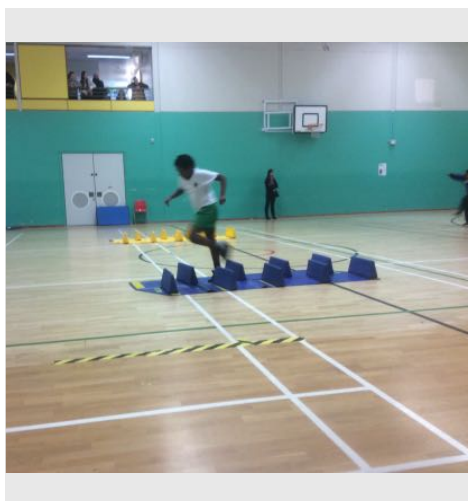






## Camden sport for all year 5/6 athletics

On Wednesday 13th February our year 5/6 pupils had a chance to take part in sport for all athletics at Talacre sports centre. The children completed a number of field events and then had a chance to speed through the obstacle course. This was an open invite event for Beckford children and it was lovely to see so many children keen to attend. These are great fun events which allow the children to get a bit more exercise and improve their skills in a range of activities. It would be great to see a few more boys at this event next year. Watch out for those letters and remember to get parents to sign them.



## ***Intra class sports competitions***

As this edition goes off stone (alright, not quite!) the participation figures for inter school sport participation are included for years 3-6 below. These show the percentage of children who have had at least one opportunity to participate in inter School sport for Beckford. To receive an invite children need to bring PE kit and follow the olden rules in PE lessons. You will see that the figures are a little low in year 3 where there are fewer competitions and particularly at the start of the academic year. Hopefully we will improve this in the second half of the year.

***Year 6 = 95%***



***Year 3 = 65%***

***Year 4 = 93%***

***Year 5 = 91%***





# *Intra class competitions 2018-19*

The competitions have been really exciting so far, very competitive and played with honesty most of the time! The recently completed dodgeball was fierce in year 6 with some incredible throwing and catching. Tactics came into play with some teams working together to get key opposition players out quickly and change the dynamics of the game.

## *Leaders*

Year 3

Mersey 550

Thames 560

Trent 590

*Trent!!*



Year 4

Rhine 490

Danube 510

Seine 530

*Seine!!*



Year 5

Ganges 530

Mississippi 520

Yangtze 510

*Ganges!!*



Year 6

Congo 510

Amazon 450

Nile 450

*Congo*





# Sprint, run, throw and jump into athletics!

***At Parliament Hill Track***

***Sunday 3rd March, 7th***

***April, 5th May, 2nd & 30th***

***June 2019***

***Registration from 11.30 and  
events 12 to 2***

**How fast can you sprint?**

**How far can you throw?**

**What's your longest long jump?**

**Got the stamina to race for two minutes?**

This event is run by qualified coaches and is perfect for children aged up to 12. Entry £3 which includes a certificate and refreshments.

No pre-registration necessary, just turn up on the day from half an hour before the event starts. For further details email Brenda Myers [highgateharriersquadkids@gmail.com](mailto:highgateharriersquadkids@gmail.com)



**North London**  
Athletics Network



Highgate Harriers  
[www.highgateharriers.org.uk](http://www.highgateharriers.org.uk)



London Heathside  
[www.londonheathside.org.uk](http://www.londonheathside.org.uk)



Shalfordbury Barnet Harriers  
[www.sbfharriers.co.uk](http://www.sbfharriers.co.uk)

**Middlesex**  
University  
London Sport Institute



# Sports fixtures

TUESDAY 26TH FEBRUARY - YEAR 5/6 GIRLS FOOTBALL FINALS AT TALACRE  
11.30-4PM

WEDNESDAY 27TH FEBRUARY - YEAR 3/4 SPORT FOR ALL DODGEBALL AT TALACRE  
3.15-5.40PM

THURSDAY 28TH FEBRUARY - YEAR 5/6 BOYS ARSENAL FOOTBALL TOURNAMENT  
AT MARKET ROAD (ISLINGTON) 9-3.30PM.

TUESDAY 5TH MARCH - YEAR 3/4 GIRLS FOOTBALL FESTIVAL AT TALACRE  
9AM-12.30PM

WEDNESDAY 6TH MARCH - YEAR 3/4 SPORT FOR ALL DODGEBALL AT TALACRE  
3.15-5.40PM

TUESDAY 12TH MARCH - YEAR 3-6 CAMDEN KEY STEPS GYMNASTICS COMPETITION  
AT TALACRE 9AM-1PM

WEDNESDAY 13TH MARCH - YEAR 5/6 CAMDEN SPORT FOR ALL BOYS FOOTBALL AT  
TALACRE 3.15-5.40PM

WEDNESDAY 20TH/27TH MARCH & 3RD APRIL YEAR 3-4 ARSENAL HUB FOOTBALL  
3-6PM AT ARSENAL HUB (ISLINGTON)

*This is a provisional list which is subject to change.  
Selected pupils will receive a letter from Mr Purcell  
approximately a week before the event.*

*I'm still trying to give as many pupils as possible a  
chance to represent Beckford at Sport so please watch  
out for those letters in bags!*

*Mr Purcell*

